

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor dreizel@hamiltondiocese.com

Rev. Mr. Jangho Hong, Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Melana Nam, Administrative Assistant

Mrs. Ruth Ann Milne, Office Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Tuesday – Friday 15 minutes prior to Mass

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David would be
most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

TWENTY-FIRST SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
No Weekday Mass August 25 - 28			
Saturday, August 29	5:00 PM	+ Luis Moreira and Family + Pedro Tellez & Helena Tellez Intentions of Tellez Garcey Family Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	Carmen and Tony Chaves Angela Tellez-Lance Angela Tellez-Lance Javier Cristancho Javier Cristancho
Sunday, August 30	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

Tuesday, September 1	7:00 PM	+ Jaclyn Lohin + Frank Rizzuto + Marianne Sloane + Ellen Wylie Intentions of Anna Altomare Intentions of Kathy Marziano	Victoria Pedro The Buchanan Family SSVP Bert & Sharon Harkness Susan Koenderink Cathy Buchanan
Wednesday, September 2	8:00 AM	+ Fernando Coloma Jr.	Rosemarie Almariego
Thursday, September 3	8:00 AM	Intentions of Goldie and Russell Thompson	Chris O'Neill
Friday, September 4	8:00 AM	+ Marianne Sloane	The Henderson Family
Saturday, September 5	5:00 PM	+ Maria do Carmo Chaves Sousa and Family + Marianne Sloane + Guiseppe Natalizio Intentions of Claudia and Javier Intentions of Luis Eduardo and Luis Eduardo Jr.	Jose and Beatriz Monteiro Carol and Richard O'Brien The Natalizio Family Javier Cristancho Javier Cristancho
Sunday, September 6	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	



WELCOME TO ST. MARY OF THE VISITATION PARISH!

A special welcome to all new members and visitors! We encourage all new

members to register with the parish. Please pick up a registration form at the church entrance or complete an online form:

<https://www.stmaryhespeler.ca/new-parishioners>

FATHER DAVID AWAY: Father David will be away on vacation **the week of August 24 – 28** and attending a seminar with Deacon Jangho **the week of September 7 – 11**. There will be no weekday Masses on these dates.

PARISH OFFICE SUMMER HOURS: Office hours for the months of July and August are **Monday to Thursday 9:00 am to 4:30 pm and Friday 9:00 am to 1:00 pm**.



MONTHLY COLLECTION: Members of the St. Vincent de Paul Society will be collecting donations after all Masses next weekend. Envelopes are available for those who would like a tax receipt. Please remember to make cheques payable to "St. Vincent de Paul Society". Thank you for your continued support and generosity!

SPANISH PRAYER GROUP: The Spanish prayer group will start on **Wednesday, September 2nd, at 8:00 pm** at St. Mary of the Visitation Parish, all are welcome. For information contact Carmen: (905) 483-9481 or Erika: (519) 222-6333.

SUMMER BULLETIN: Please note that bulletins will be published bi-weekly during the summer months. Our next bulletin will be distributed (electronic and printed) on **September 6th**.

PARISH OFFERINGS

August 8/9, 2026

Sunday Envelopes: \$ 3,211.05

August 15/16, 2026

Sunday Envelopes: \$ 2,466.40

PRE-AUTHORIZED GIVING for AUGUST 2026

Sunday Offerings: \$ 5,522.00

Building Fund: \$ 1,110.00

Your continued financial support is greatly appreciated.



MARIAN DAYS AT THE BASILICA OF OUR LADY IMMACULATE:

As the Diocesan Marian Shrine, Marian Days are

celebrated on the first Saturday of each month from June through October, at the Basilica of Our Lady Immaculate in Guelph, 28 Norfolk Street. The day starts at 9am with a Holy Hour, including morning Prayer and Confessions; 10am Benediction; 10:30 am Holy Mass, followed by an outdoor Rosary Procession (weather permitting). Participants are welcome to bring their own lunch. Presiding on **September 5th** - Bishop Lobsinger
October 3rd - Bishop Dabrowski

For more information, please go to:

www.basilicaofourlady.com/events/hamilton-diocese-marian-days

THE HEART OF PRAYER - A Journey into Deeper Prayer, A Study With Bishop Andrew Cozzens:

Do you desire a deeper prayer life? Have you ever wondered how God speaks to us in prayer? Join us for *The Heart of Prayer*, an 8-part series exploring the ancient Christian tradition of interior prayer. Together, we will discover how prayer becomes more than words, a living relationship with God who dwells within us. "According to Scripture, it is the heart that prays." (CCC 2562) Through reflection, prayer and discussion, we will learn to listen with the heart and become more aware of God's presence in our daily lives.

Dates: **Tuesdays, Sept. 15th – Nov. 3rd, 2026**

Time: 7:30–9:00 pm (following 7:00 pm Mass)

Location: Blessed Sacrament Parish, 305 Laurentian Drive, Kitchener. All are welcome! Advance registration is encouraged so that study materials can be prepared. For more information or to register, please contact: bonniegschroth@gmail.com

MONTHLY PRO-LIFE PRAYER VIGIL:

Thursday, September 3rd from 10:00 am to 11:00 am. All are welcomed and urged to come out to pray. Please pray to end abortion and pray for the conversion of hearts. Where: Opposite Freeport Hospital - 3570 King St. E., Kitchener. Parking: Schneider Park (across the road). Thank you and God bless you. For info, contact: cmlamers@rogers.com or 519-742-9025.

YOUNG ADULTS NIGHT: Fr. John Ha, our new Vocations Director for the Diocese of Hamilton, invites young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30 pm-7:30 pm), social with food, vocations testimony, praise music, and Compline (9:00 pm) on **Saturday, September 5th** at St. Mary of the Assumption Church (554 – 15th Street E., Owen Sound, ON). Sponsored by the Vocations Office of the Diocese of Hamilton.

For more info contact:

vocations@hamiltondiocese.com or visit: <https://hamiltondiocese.com/vocations/>

WHAT IS CURSILLO?: Throughout the history of the Church, the Holy Spirit continually raises up movements and communities that help the faithful to encounter Christ more deeply and live their Baptism with renewed joy and dedication. The CURSILLO movement is one such gift to the CHURCH. Through this 3-day retreat-like experience and ongoing community life, it has helped many discover the love of God in a new way, deepen their relationship with Jesus Christ and become active witnesses to the Gospel in their homes, workplaces, parishes and communities, grounded in the sacraments of Christian initiation and empowered for the mission of evangelizing the world. The word CURSILLO means "little course" but its impact on the lives of the participants is often profound and lasting. The experience invites people to reflect on their faith, to pray, share with others and recognize the call each of us received in Baptism: to be missionary disciples and joyful witnesses of Christ to others. I warmly invite you to consider this opportunity to seek a deeper relationship with the Lord, a renewed purpose in your faith journey or fellowship with other Catholics striving to live the Gospel, CURSILLO may be a grace-filled path for you. For more information, please contact: Marg.weber@sympatico.ca or (416) 427-7102. Women's weekend: **October 15 – 18th, 2026** (Registration deadline is October 1st) Men's weekend: TBA

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